

Personal Health History

This information will be used only as an aid in the consideration of your health needs and will remain confidential among the appropriate healthcare professionals. PLEASE USE ADDITIONAL SHEETS OF PAPER IF NECESSARY.

Are you presently under any medical treatment? Yes No
If yes, explain: _____

Are you presently taking any medications (prescription, nonprescription, inhaler)? Yes No
If yes, explain: _____

Are you now receiving or have you ever received professional help for emotional or psychological problems? Yes No
If yes, when: _____

Do you have a physical impairment such as paralysis, loss of vision, loss of hearing, etc.? Yes No
If yes, explain: _____

Do you have any sensitivity to food, medicine, or environmental contact? Yes No
If yes, explain: _____

Have you ever had a head injury or concussion? Yes No
If yes, explain and give dates: _____

Has a physician ever denied or restricted your participation in sports for any health problems? Yes No
If yes, explain: _____

Have you ever had, or do you currently have (CHECK ALL THAT APPLY):

- Anemia
- Anxiety
- Asthma/Exercise Induced Asthma
- Bladder/Kidney Problems
- Bleeding Disorders
- Blood Clots (Leg/Lung)
- Cancer (Type: _____)
- Cardiac Disease (Type: _____)
- Chicken Pox
- Depression
- Dermatological Issues (Type: _____)
- Diabetes (Hyperglycemia/Hypoglycemia)
- Fractures (Broken Bones) Where? _____
- Gallbladder Disease
- Gastrointestinal Issues (Heartburn/GERD/Irritable Bowel)
- Gynecological Issues
- Mononucleosis
- Seizures
- STDs
- Suicidal/Homicidal Ideation
- Thyroid Disease (Hyperthyroidism/Hypothyroidism)

If you checked any of the above, please provide further information: _____

Dates of significant injuries or operations or medical admissions to hospitals: NONE _____

Personal Habits (please indicate use of any of the following):

Tobacco Use: Never No Yes Quit Date: _____ How many years did you smoke? _____

Current Smoker: Packs/day: _____ # of years: _____ Other tobacco: Pipe Cigar Snuff Chew

Alcohol Use: Do you drink alcohol? No Yes # of drinks/week: _____ Beer Wine Liquor

If you wish to receive care for any health problem or concern at the WJU Student Health Center, please bring copies of any appropriate medical records with you to campus and call (304) 243-2275 for an appointment.

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Student Name (please print): _____ Signature: _____ Date: _____

Completed health forms and additional requirements must be received by the Student Health Center no later than August 5.

In case your records are not received, please make a copy of all of your documents before mailing them to the Student Health Center.

Mail to: The Student Health Center
Wheeling Jesuit University
316 Washington Ave.
Wheeling, WV 26003

For questions or concerns, please call: 304-243-2275
or email: healthcenter@wju.edu (put your name and major in the subject line)

Insurance, Immunizations, Labwork, Tuberculin Skin Tests

PLEASE BE MINDFUL THAT SOME REQUIREMENTS ARE TO BE COMPLETED DURING A SPECIFIC TIMEFRAME

An accurate record of immunizations is required for all health science majors. This can be obtained from your private physician/healthcare provider or health department. Your Board of Education is one source for official proof of primary records. You can also get any needed immunizations and tuberculin skin tests administered at any of your local walk-in type urgent care clinics.

Below is a list of additional requirements. **Please attach official documentation of each requirement to your health form and submit them together.**

You must make every effort to meet the required submission deadline of August 5 to give the Student Health Center time to review your records for accuracy. The Student Health Center will then have time to alert you of any deficient records, if any, so that you will have time to bring all requirements up-to-date before you move onto campus or attend classes.

- 1) Proof of health insurance coverage.** A photocopy of your card (front and back) **AND** a letter of coverage from your insurance provider. You will be expected to maintain health insurance coverage at all times while enrolled as a student at WJU. Your medical insurance information will be kept confidential and on file for clinical rotations, scheduling medical referrals to outside physicians, outpatient treatment, and for emergencies.
- 2) Immunizations AND titers (blood work):** You can get documentation of immunizations from your doctor *OR* check with your previous school to see if they have a record on file. You can also get any needed immunizations through a county health department or a walk-in urgent care type clinic.

IMPORTANT NOTE ABOUT YOUR TITERS: Complete all titers before July in case there is a need to be retitered – this timeframe is to ensure that you will meet requirements before starting classes. If a titer shows no evidence of immunity, your doctor will administer a booster and then retiter after about 4-8 weeks to see if the booster provided immunity. Your doctor may also suggest restarting a vaccine series.

- MMR (measles, mumps, rubella) 2 dose vaccine series **AND** a titer (blood work) for each
- Hepatitis B - 3 dose vaccine series **AND** a titer (blood work). If you have not had the 3 dose vaccine series, please start the process, as soon as possible. You should have time to complete the first two doses before starting class. During this process you will be considered in 'conditional status' while waiting to get the 3rd (final) dose. **You must schedule a titer once you've completed the series.**
- Varicella - 2 dose vaccine series *or* documentation that you have had the disease **AND** a titer (blood work), regardless of having had the disease or vaccine series.
- Tdap (tetanus, diphtheria, acellular pertussis), 1 dose - **Important note:** A Tdap vaccine is only good for 10 years. Please make sure that your vaccine is current and will not expire during the course of your WJU studies and clinical rotations.
- Polio - 3 dose vaccine series
- Meningococcal - This vaccine is strongly recommended. Please visit the Center of Disease Control website (www.cdc.gov) to read the VIS for MCV4. If you choose not to receive this vaccine, you must sign the WJU Meningococcal Release included in this packet.

Important! All of the above items (health forms, insurance, required immunizations, and titers (bloodwork)) are due on or before August 5.

- 3.) Physical** (a form is included in this packet). Your physical should be completed between **July 1 and August 1** so that your annual due date does not conflict with your first clinical rotation. [Submit on or before August 5.](#)
- 4.) Two-Step TST (tuberculin skin test):** Your TST should be completed between **July 1 and August 1** so that your annual due date does not conflict while out on your first clinical rotation. Please note: a BCG vaccine or an assessment questionnaire will not be accepted. A chest x-ray or blood test will be accepted *if* there is documented medical evidence as to why you cannot receive the skin test. [Submit on or before August 5.](#)

The TST is **not** an immunization, so you may never have had one before. This skin test is a method of determining whether a person is infected with Mycobacterium tuberculosis. A two-step testing is useful for the initial skin testing of adults who are going to be retested periodically. This two-step approach can reduce the likelihood that a boosted reaction to a subsequent TST will be misinterpreted as a recent infection.

The second step is placed 1-3 weeks after the first step is read. You will expect to return to your doctor within 48-72 hours **after each TST** so that your arm can be checked for the result. If your result is positive, please provide your doctor's plan of treatment. Failure to have the result documented for each step will mean that you will have to repeat the test. Please note: if you find it difficult to get an appointment with your doctor to provide this test, you can also get it through your county health department or a walk-in urgent care type clinic. These options will help you to meet your deadline.

MENINGOCOCCAL VACCINE WAIVER FORM

A few years ago, research by the Center for Disease Control (CDC) found that students appear to be at higher risk for meningococcal disease than college students overall. The College and University Student Vaccination Act has been in effect in many states since. It states that all students residing in campus housing receive a one-time vaccination against meningococcal disease or sign a waiver for religious or other reasons after they have been provided with information on the risks associated with the disease and the effectiveness of the vaccine. Given the seriousness of meningococcal disease, **Wheeling Jesuit University strongly recommends that all students receive a vaccination against this meningitis, regardless of their residential status.** Any student choosing not to receive this vaccination must sign this waiver indicating that they understand the risks associated with meningococcal disease and the availability and effectiveness of the vaccine.

What is meningitis?

Meningitis is an infection of the fluid of a person's spinal cord and the fluid that surrounds the brain. People sometimes refer to it as spinal meningitis. Meningitis is usually caused by a viral or bacterial infection. Knowing whether meningitis is caused by a virus or bacterium is important because the severity of illness and the treatment differ. Viral meningitis is generally less severe and resolves without specific treatment, while bacterial meningitis can be quite severe and may result in brain damage, hearing loss, or learning disability. For bacterial meningitis, it is also important to know which type of bacteria is causing the meningitis because antibiotics can prevent some types from spreading and infecting other people. Before the 1990s, *Haemophilus influenzae* type b (Hib) was the leading cause of bacterial meningitis, but new vaccines being given to all children as part of their routine immunizations have reduced the occurrence of invasive disease due to *H. influenzae*. Today, *Streptococcus pneumoniae* and *Neisseria meningitidis* are the leading causes of bacterial meningitis. This information has been taken from the Center for Disease Control website. We encourage students to visit < <http://www.cdc.gov/> > to receive more information about meningitis before signing this waiver.

STUDENT RELEASE UPON REFUSAL OF IMMUNIZATION AGAINST MENINGITIS

I understand that it is recommended that all university students receive the vaccination against meningococcal disease. I understand that by declining this vaccine, I continue to be at risk of acquiring meningitis, a serious disease. I, also, understand that the majority of clinical placement sites are requiring evidence of meningococcal disease immunity before accepting health science students for clinical practice and I acknowledge that, if I do not have evidence of this immunity, my placement for clinical practice may be affected (if applicable).

Despite the risks described above, I request that my refusal be honored, and I hereby release Wheeling Jesuit University, its officers, trustees, employees and agents as well as any clinical agency in which I practice due to any student role from any and all liability that may arise directly or indirectly as a result of my refusal of the meningococcal disease vaccine.

I, _____ refuse immunization against meningitis.
(Print name)

Signature: _____

Date: _____

This Form is to be Completed by a Licensed Medical Professional

NAME (please print): (Last) _____ (First) _____ (Middle Initial) _____ DOB: _____

ATTACH ORIGINAL COPIES TO SUPPORT THE FOLLOWING INFORMATION.

<p>STRONGLY RECOMMENDED: MCV4 Vaccine (meningococcal conjugate vaccine) (1 dose) month ____ day ____ year ____ Student refused this vaccine. Yes ___ No ___</p>
<p>REQUIRED: Polio Vaccine (3 dose series) Dose #1: month ____ day ____ year ____; Dose #2: month ____ day ____ year ____; Dose #3: month ____ day ____ year ____</p>
<p>REQUIRED: Hepatitis B Vaccine (3 dose series) Dose #1: month ____ day ____ year ____; Dose #2: month ____ day ____ year ____; Dose #3: month ____ day ____ year ____ AND a titer that shows evidence of immunity</p>
<p>REQUIRED: Tdap Vaccine (tetanus, diphtheria, acellular pertussis): 1 Dose within the last ten years: month ____ day ____ year ____</p>
<p>REQUIRED MMR Vaccine (measles, mumps, rubella) (2 doses) Dose #1: month ____ day ____ year ____ Dose #2: month ____ day ____ year ____ AND a titer that shows evidence of immunity</p>
<p>Varicella Vaccine (chicken pox) Has this student had the disease? ""yes ""no ____ approximate year of having disease Has student had varicella vaccine (2 doses)? __yes __no Not required unless the required titer report shows no evidence of immunity. Dose #1: month ____ day ____ year ____ Dose #2: month ____ day ____ year ____ AND a titer that shows evidence of immunity</p>
<p>Mandatory Antibody Titer Results for: measles result: ____ mumps result: ____ rubella result: ____ varicella result: ____ hepatitis B result: ____ If any titer does not show immunity, please attach follow-up plan of actions and documentation(s).</p>
<p>Note: <i>In order to participate in service learning experiences these results must be complete and received in the Health Center no later than August 5.</i></p>
<p>REQUIRED Tuberculosis Screening Two-Step PPD (purified protein derivative) Skin Test 1st of Two-Step Placed: month ____ day ____ year ____; Read: month ____ day ____ year ____ Result in millimeters ____ mm 2nd of Two-Step Placed: month ____ day ____ year ____; Read: month ____ day ____ year ____ Result in millimeters ____ mm Or ATTACH a chest x-ray report if the student has had a history of a previous PPD.</p>

Signature of Physician or Nurse Practitioner _____ Print Name: _____

Address: _____ City: _____ State: _____ Zip: _____

Telephone: _____ Fax: _____

Date: _____

**Please attach documentation for all required immunizations,
both tuberculin skin tests, and required antibody titer reports.**