

Wheeling Jesuit University



Department of Athletic Training



Athletic Training

Emergency Action Plan (EAP)

Emergency Action Plan

I-470 Baseball/Softball Fields

Emergency Personnel: Certified Athletic Trainer and athletic training students on site for competition and on campus for practice/conditioning sessions; coaches trained in C.P.R. are considered first responders as well.

ATC's Include:

Dave Dennis-304-312-9048
Kim McManis-814-243-4397
Christina Fanning-412-519-8537

Upperclass Students include: junior and senior level athletic training students

Emergency Communication: A cell phone should be on location for each practice/competition in the possession of an athletic trainer or team coach.

Emergency Equipment: During competitions, supplies are located on the field (athletic training kit, splint kit, crutches, AED), additional emergency equipment supplies are accessible from the athletic training facility in the McDonough Center on campus. AED is located behind the information desk in the McDonough Center and in the Campus Security Office.

Roles of First Responders:

1. Immediate care/First aid of injured or ill student-athlete
2. Emergency equipment retrieval
3. Call **9-1-1** (provide name, address, telephone number; number of individuals injured; condition of injured; age and sex of injured; first aid treatment; specific directions; other information requested)
4. Notify campus security at (304) 243-2486
5. Direction of EMS to scene by campus security
 - a. Open appropriate gates
 - b. Designate individual to “flag down” EMS and direct to scene
 - c. Scene control: limit scene to first aid providers and move any bystanders away from area.

Emergency Contact Numbers:

Athletic Training Room: (304) 243-2182 or 4494
Campus Security: (304) 243-2486
University Health Center: (304) 243-2275
Ambulance: 9-1-1
Fire Department: 9-1-1
Police: 9-1-1
Wheeling Hospital: (304) 243-3000

Emergency Action Plan

Stadium Field/Track, Softball Field, Practice Fields on Campus

Emergency Personnel: Certified athletic trainer on site for competition and on campus for practice/conditioning sessions; coaches trained in C.P.R. are considered first responders. On field evaluation is conducted to role equipment needs including ambulance.

Emergency Communication: A cell phone should be on location for each practice/competition in the possession of an athletic trainer or team coach, or use front desk phone in the McDonough Center. Athletic training student or coach should call 911 if necessary and relay important information (name, address, telephone number; number of individuals injured; condition of injured; age and sex of injured; first aid treatment). Student then calls campus security. **Campus security must escort ambulance and provide proper keys or means of reaching the destination.**

Emergency Equipment: During competitions, supplies are located on the field (athletic training kit, splint kit, spine board, crutches), additional emergency equipment supplies are accessible from the athletic training facility in the McDonough Center on campus. AED is located behind the information desk in the McDonough Center and in the Campus Security Office. Certified athletic trainer instructs student or coaches to bring necessary tools to the field.

Roles of First Responders:

6. Immediate care/First aid of injured or ill student-athlete
7. Emergency equipment retrieval
8. Call **9-1-1** (provide name, address, telephone number; number of individuals injured; condition of injured; age and sex of injured; first aid treatment; specific directions; other information requested)
9. Notify campus security at (304) 243-2486
10. Direction of EMS to scene by campus security
 - a. Open appropriate gates
 - b. Designate individual to “flag down” EMS and direct to scene
 - c. Scene control: limit scene to first aid providers

Emergency Contact Numbers:

Athletic Training Room: (304) 243-2182 or 4494
Campus Security: (304) 243-2486
University Health Center: (304) 243-2275
Ambulance: 9-1-1
Fire Department/Police: 9-1-1
Wheeling Hospital: (304) 243-3000

Emergency Action Plan

McDonough Center Gyms

Emergency Personnel: Certified athletic trainer on site for competition and on campus for practice/conditioning sessions; coaches trained in C.P.R. are considered first responders as well. On field evaluation is conducted to role equipment needs including ambulance.

Emergency Communication: A cell phone should be on location for each practice/competition in the possession of an athletic trainer or team coach, or use front desk phone in the McDonough Center. Athletic training student or coach should call 911 if necessary and relay important information (name, address, telephone number; number of individuals injured; condition of injured; age and sex of injured; first aid treatment). Student then calls campus security. **Campus security must escort ambulance and provide proper keys or means of reaching the destination.**

Emergency Equipment: during competitions, supplies are located in the gymnasium or in the athletic training room (athletic training kit, splint kit, spine board, crutches), additional emergency equipment supplies are accessible from the athletic training facility in the McDonough Center on campus. AED is located behind the information desk in the McDonough Center and in the Campus Security Office.

Roles of First Responders:

11. Immediate care of injured or ill student-athlete
12. Emergency equipment retrieval
13. Call **9-1-1** (provide name, address, telephone number; number of individuals injured; condition of injured; age and sex of injured; first aid treatment; specific directions; other information requested)
14. Notify campus security at (304) 243-2486
15. Direction of EMS to scene by campus security
 - a. Open appropriate doors
 - b. Designate individual to “flag down” EMS and direct to scene
 - c. Scene control: limit scene to first aid providers

Emergency Contact Numbers:

Athletic Training Room: (304) 243-2182 or 4494
Campus Security: (304) 243-2486
University Health Center: (304) 243-2275
Ambulance: 9-1-1
Fire Department: 9-1-1
Police: 9-1-1
Wheeling Hospital: (304) 243-3000

LIGHTNING SAFETY

- Decisions to remove teams or individuals from practice activities will be made by the certified athletic trainers on staff. In absence of a certified athletic trainer individual sport coaches will have to use their best judgment taking into account the guidelines set forth here.
- Decisions to remove teams or individuals from athletic competition or events will be made by the **certified athletic trainer** in conjunction with the athletic director and with the cooperation of **the officials**.

Guidelines for Lightning Safety:

1. Know where the closest "safe structure or location" is to the field or playing area, and know how long it takes to get to that safe area. Safe structure or location is defined as:
 - Any building normally occupied or frequently used by people, i.e., a building with plumbing and/or electrical wiring that acts to electrically ground the structure. Avoid using shower facilities for safe shelter and **do not use** the showers or plumbing during a thunderstorm.
 - In the absence of a sturdy, frequently inhabited building, any vehicle with a hard metal roof and rolled up windows can provide a measure of safety. A vehicle is certainly better than remaining outdoors. It is not the rubber tires that make a vehicle a safe shelter, but the metal roof, which dissipates the lightning strike around the vehicle. **Do not touch the sides of the vehicle.**
 - **The locker rooms under the stadiums specifically for the athletes, coaches, officials, game personnel. The McDonough Center may also be used for spectators and when utilizing the softball field. If activity is on the upper fields quickly move to CET.**
2. Be aware of how close lightning is occurring. The flash-to-bang method is the easiest. To use this method count the seconds from the time lightning is sighted to when the clap of thunder is heard. Divide this number by five to obtain how far away (in miles) the lightning is occurring.
3. As a minimum, National Severe Storms Laboratory (NSSL) and the NCAA recommend that by the time the monitor obtain a **flash-to-bang count of 30 seconds**; all individuals should leave the athletic site and go to a safe structure or location.

4. If no safe structure or location is within a reasonable distance, find a thick grove of small trees surrounded by taller trees or a dry ditch. Assume a crouched position on the ground with only the balls of the feet touching the ground, wrap your arms around your knees and lower your head. Minimize your body's surface area, and minimize contact with the ground. Do not lie flat.

5. If unable to reach safe shelter, stay away from the tallest trees or objects (such as light poles or flagpoles), metal objects (such as fences or bleachers), individual trees, standing pools of water and open fields. Avoid being the highest object in a field. Do not take shelter under a single, tall tree.

6. When considering resumption of an athletics activity, NSSL staff recommends that ideally everyone should wait **30 minutes** after the last flash of lightning or sound of thunder before returning to the field or activity.

7. If someone should be struck by lightning certified athletic trainer should enable **pre-hospital care** for lightening victim procedure.
 1. Survey scene for safety.
 2. Activate EAP.
 3. Carefully move victim to safe area if necessary.
 4. Check ABC's
 5. Evaluate and treat for apnea and asystole.
 6. Evaluate and treat for hypothermia and shock.
 7. Evaluate and treat for fractures.
 8. Evaluate and treat for burns.