

2009 Women's Outdoor Season Best

100m Dash (A: 11.65 P: 12.10 SR: Johnson (2005) 11.85)

3/28/09	Ubauer, Cassie	Wheeling, WV	13.70
3/28/09	Neavin, Lindsey	Wheeling, WV	13.74
3/28/09	Antoinnette, Alaina	Wheeling, WV	14.18

200m Dash (A: 23.95 P: 24.80 SR:)

4/4/09	Neavin, Lindsey	Washington, PA	27.74
4/11/09	Ubauer, Cassie	Oxford OH	27.88
3/28/09	Antoinnette, Alaina	Wheeling, WV	29.55

400m Dash (A: 55.00 P: 56.80 SR:)

3/28/09	Campenelli, Sarah	Wheeling, WV	59.31
4/04/09	Ubauer, Cassie	Washington, PA	105.51

800m Run (A: 2:10.50 P: 2:15.00 SR: Campanelli (2008) 2:15.86)

3/20/09	McGinley, Julia	Winston-Salem, NC	2:25.29
3/28/09	Rucker, Ericka	Wheeling, WV	2:31.56

1500m Run (A: 4:31.00 P: 4:42.00 SR: Campanelli (2007) 4:43.01)

3/20/09	McGinley, Julia	Winston-Salem, NC	4:56:22
4/18/09	Rucker, Ericka	Berea, OH	4:59.60

3000m Run (A: 9:40.00 P: 10:15.00 SR:)

3000m Steeplechase (A: 11:00.00 P: 11:27.00 SR:)

4/18/09	Jividen, Kasey	Berea, OH	11:53.05
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5000m Run (A: 17:11.00 P: 17:45.00 SR:)

4/11/09	Rucker, Ericka	Oxford, OH	19:00.98
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10,000m Run (A: 35:50.00 P: 37:30.00 SR:)

100m Hurdles (A: 14.00 P: 14.60 SR:)

4/18/09	McCormick, Kate	Berea, OH	16.39
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400m Hurdles (A: 1:00.00 P: 1:03.00 SR:)

4/18/09	McCormick, Kate	Berea, OH	1:13.61
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4 x 100m Relay (A: 46.00 P: 47.60 SR:)

3/28/09	Ubauer, Antoinnette, McCormick, Neavin	Wheeling, WV	53.31
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4 x 400m Relay (A: 3:42.00 P: 3:52.00 SR:)

High Jump (A: 1.75m (5'5¹/₄") P: 1.68m (5'9³/₄") SR:)

Pole Vault (A: 3.91m (11'¼") P: 3.60m (12'9") SR:)

4/11/09 McCormick, Kate Oxford, OH

4.47m

Long Jump (A: 5/90m (18'4½") P: 5.60m (20'2") SR:)

4/11/09 McCormick, Kate Oxford, OH

9.85m

Shot Put (A: 14.90m (43'¼") P: 13.30m (49¾") SR:)

3/20/09 Taylor, Emily Winston-Salem, NC 12.93m
4/04/09 Wheeler, Amanda Washington, PA 11.04m
4/04/09 Abbott, Nicole Washington, PA 8.55m

Discus Throw (A: 47.60m (50') P: 43.00m (60¼") SR:)

4/11/09 Taylor, Emily Oxford, OH 41.05m
3/20/09 Abbott, Nicole Winston-Salem, NC 31.87m

Javelin Throw (A: 44.55m () P: 41.00m () SR:)

3/20/09 Wheeler, Amanda Winston-Salem, NC 32.01m

Hammer Throw (A: 54.00m () P: 49.00m () SR: ()

4/11/09 Taylor, Emily Oxford, OH 44.00m
3/28/09 Wheeler, Amanda Wheeling, WV 39.86m
4/11/09 Abbott, Nicole Oxford, OH 38.42m

2009 Women's Indoor Season Best

55m Dash (P: 7.23 A: 6.95, SR: 7.26)

1/23/09 Neavin, Lindsey New York, NY 7.74!
2S/28/08 Urbauer, Cassie Marietta, OH 8.04
1/17/09 Antoinette, Alaina Marietta, OH 8.22

60m Dash (P: 7.77 A: 7.55, SR: 7.85)

2/13/09 Neavin, Lindsey Bexley, OH 8.28!
2/13/08 Preer, Ciera Bexley, OH 8.40!
2/13/08 Urbauer, Cassie Bexley, OH 8.78
2/13/09 Antoinette, Alaina Bexley, OH 8.83

55m Hurdles (P: 8.43, A: 8.08, SR: 8.43)

1/23/09 McCormick, Kate New York, NY 9.61#

60m Hurdles

2/21/09 McCormick, Kate Kent, OH 10.02#

200m Dash (P: 25.50, A: 24.90, SR: 24.85)

2/21/09 Neavin, Lindsey Kent, OH 27.88
2/21/09 Urbauer, Cassie Kent, OH 28.46
2/21/09 Antoinette, Alaina Kent, OH 28.50

300m Dash

1/17/09	Urbauer, Cassie	Marietta, OH	47.62
<u>400m Dash (P: 57.40, A: 55.60, SR: 56.42)</u>			
1/17/09	Campanelli, Sarah	Marietta, OH	61.00#
2/21/09	Antoinette, Alaina	Kent, OH	65.19
2/7/09	Urbauer, Cassie	Marietta, OH	66.18
<u>500m</u>			
2/7/09	McCormick, Kate	Marietta, OH	1:36.69
<u>800m Run (P: 2:16.90, A: 2:12.70, SR: 2:16.67)</u>			
2/14/09	Campanelli, Sarah	Akron, OH	2:10.27#
2/7/09	McGinley, Julia	Marietta, OH	2:30.35
1/17/09	Jividen, Kasey	Marietta, OH	2:39.04
2/7/09	McCollum, Kathlyn	Marietta, OH	2:45.11
2/28/09	McCormick, Kate	Marietta, OH	2:58.93
<u>1000m Run</u>			
1/17/09	Campanelli, Sarah	Marietta, OH	3:13.30
2/13/09	Reyher, Chelsea	Bexley, OH	3:46.02
<u>3000m Run</u>			
2/21/09	Campanelli, Sarah	Kent, OH	9:58.75#
2/13/09	McGinley, Julia	Bexley, OH	11:25.72!
2/13/09	Jividen, Kasey	Bexley, OH	11:42.86!
2/7/09	McCollum, Kathlyn	Marietta, OH	2:45.11
<u>Mile (P: 5:04.00, A: 4:56.10, SR: 5:02.38)</u>			
1/23/09	Campanelli, Sarah	New York NY	4:58.98@
2/21/09	McGinley, Julia	Kent, OH	5:32.44
2/7/09	Reyher, Chelsea	Marietta, OH	5:45.36
1/17/09	Jividen, Kasey	Marietta, OH	5:51.91
2/13/09	McCollum, Kathlyn	Bexley, OH	6:18.92
<u>5000m (P: 17:50.50,A: 17:05.50, SR: 18:14.94)</u>			
2/21/09	Jividen, Kasey	Kent, OH	19:28.41!
<u>High Jump (5'5¹/₄" , 5'9³/₄")</u>			
1/17/09	McCormick, Kate	Marietta, OH	1.47m!
<u>Long Jump (18'4¹/₂" , 20'2")</u>			
2/13/09	McCormick, Kate	Bexley, OH	4.73m!
2/13/09	Antoinette, Alaina	Bexley, OH	4.26m
<u>Triple Jump</u>			
2/7/09	McCormick, Kate	Marietta, OH	9.90!
<u>Shot Put (43'1¹/₄" , 49'3³/₄")</u>			
2/13/09	Wheeler, Amanda	Bexley, OH	10.93m!

1/17/09	Abbott, Nicole	Marietta, OH	9.58m
1/17/09	McCormick, Kate	Marietta, OH	8.40m
1/17/09	Antoinette, Alaina	Marietta, OH	6.30m

Weight Throw (50', 60¹/₄")

2/21/09	Abbott, Nicole	Kent, OH	12.64m!
2/21/09	Wheeler, Amanda	Kent, OH	12.55m!

4 x 400m Relay (P: 3:56.20 A: 3:46.40 SR: 4:05.60)

1/23/09	Campanelli, Reyher, Antoinette, Urbauer	New York, NY	4:25.53!
2/28/09	Reyher, Jividen, McCollum, McGinley	Marietta, OH	4:46.51

4 x 800m Relay

2/28/09	Reyher, Jividen, McCollum, McGinley	Marietta, OH	10:56.32
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! -----WVIAC provisional qualifier

-----WVIAC automatic qualifier

@ ---- NCAA provisional qualifier

* ----- NCAA automatic qualifier