

WHEELING JESUIT UNIVERSITY								
		Jan-14 Monday	Jan-15 Tuesday	Jan-16 Wednesday	Jan-17 Thursday	Jan-18 Friday	Jan-19 Saturday	Jan-20 Sunday
Fresh Stock	All Day	Chicken Noodle	Chicken Rice	Chicken Noodle	Chicken Rice	Chicken Noodle	Chef's Choice	Chef's Choice
	All Day	French Onion	Pepperoni Pizza	Loaded Potato	Beef Chili	Beef Noodle		
	All Day <i>Vegetarian</i>	Veg. Chili	Cream of Broccoli	Tomato Soup	Greek Eggplant & Zucc	Lentil Soup		
Daily Dish Breakfast	Breakfast Meat	Sausage Patty	Sausage/Gravy Biscuit	Bacon	Turkey Sausage Link	Breakfast Ham	Bacon	Sausage Link
	Griddle	Banana Pancake	French Toast	Apple Cinnamon Pan	French Toast	Pancake	Rasp. French Toast	Blueberry Pancakes
	Starch	Home Fries	Tater Tots	Shredded Potato	Hashbrown Patty	Potatoes O'Brien	Tater Tots	Home Fries
	Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
	Hot Cereal	Hot Grits	Hot Oatmeal	Cream of Wheat	Cream of Wheat	Hot Grits	Cream of Wheat	Overnight Oats
Daily Dish Lunch	Entrée	Tuscan Chicken	Kielbasa	Chicken Fajitas	Herb Roasted Chicken	Honey BBQ Pork	Italian Wrap	
	Entrée	Pasta Cabanero	Cheese Lasagna	Taco Stuffed Shells	Bada Basil Pasta	Penne with Sund. Tom	Roasted Zucchini	Roasted Mushroom
	Veg. Entrée	Eggplant Parm	Lasagna w/Tofu & Veg.	Roasted Veg. Frittata	Vegetarian Sloppy Joe	Grilled Veg. Panini		
	Starch	Roasted Garlic Potatoes	Mashed Potatoes	Mexican Rice	Buttered Noodles	Jasmine Rice		
	Vegetable	Green Beans	Cabbage	Spinach	Broccoli	Cauliflower and Carrots		
	Vegetable	Corn	Roasted Vegetables	Roasted Cherry Tom	Snap Peas and Rep Pepper	Collard Greens		
Grille	Lunch	Grill Option	Po Boy Sandwich	Chicken Patties	Garbage Fries	Grill Option		
	Dinner	Grilled Cheese Bar	Grill Option	Grill Option	Grill Option	Quesadilla		
Oven	Lunch	Pizza/Pasta	Pizza/Pasta	Pizza/Pasta	Pizza/Pasta	Pizza/Pasta		
	Dinner							
Bravissimo	Lunch/	Grilled Chicken	Haddock	Clean Stir-Fry	Grilled Chicken	Clean Stir Fry		
	Dinner	Brown Rice	Jasmine Rice	Brown Rice	Brown Rice	Brown Rice		
		Broccoli	Spinach	Kale	Cauli/Broccoli	Green Beans		
		Baked Potato	Sweet Potato	Baked Potato	Sweet Potato	Baked Potato		
		Composed Salad	Composed Salad	Composed Salad	Composed Salad	Composed Salad		
Daily Dish Dinner	Entrée	Bourbon Cherry Pork	Cilantro Chicken	Meatloaf	Carved Eye of Round	Blackened Tilapia	Meatloaf	Chicken Bruchetta
	Entrée	Pepper	Mexican Spaghetti	Baked Manicotti	Cajun Shrimp Pasta	Creamy Spinach and Su	Baked Manicotti	Pasta with Vodka Sauce
	Veg. Entrée	Veg. Steak Salisbury	Veg. Cheese Enchilada	Rice Stuffed Zucchini	Port. Cheese Quiche	Vegetable Cous Cous	Rice Stuffed Zucchini	Spinach Ricotta Strata
	Starch	Baked Potato	Wild Rice	Gravy	Mashed Swt. Pot	Saffron Rice	Gravy	Oven Roasted Pot
	Vegetable	Montreal Vegetables	Asparagus	Cabbage	Roasted Carrots	Mushroom and Pepper	Cabbage	Green Beans
	Vegetable	Snow Peas	Butternut Squash	Broccoli, Cauli, Carrot	Mixed Vegetables	Peas	Broccoli, Cauli, Carrot	Broccoli and Red Pepper

*Menus Subject to Change